

**Pushing Beyond the Landscape!** Laurinda Phakos O'Connor  
**One Day Workshop June 22, 2024, North River Arts Society, Marshfield MA**  
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Let's have fun during this supportive workshop! We will deconstruct, interpret, and let go of our reference through gesture, value maps, abstracting our structure, various under painting techniques, and mark making. We will start with a demonstration and we will create small studies with different techniques, before we let loose on our scene in the afternoon! There will be new approaches to try, boundaries to push, and plenty of individual instruction as we make the scene ours before ending with a group critique. All artists using soft pastels, oil, or acrylic paints are welcome, please bring what you use for supplies. Some painting experience is helpful. Please bring your photographs. See full supply list below.

**Supplies:**

- **Bring your soft pastel, acrylic, or oil supplies**
- For our morning beginning exercises, you will **need at least 3-4 small surfaces** (4x6, 6x6, 5x7, or whatever you prefer). These surfaces need to be able to handle wet media if you are using pastels (Uart, ArtSpectrum, Pastelmat, or hand gessoed surface). They can be boards or any paintable surface for oil and acrylic painters. No black or dark surfaces.
- **Larger surface** or 2 to work on, your choice, but at least 9x12. Can be square, but bigger is key, since you will spend the afternoon on this. Acrylic and oil painters can bring bigger canvases. Whatever you are comfortable with. Pastelists need Uart, ArtSpectrum, Pastelmat, or hand gessoed surface, anything that accepts wet media.
- **Photographic references**

**Additional Supplies**

- Alcohol for underpainting (for use with soft pastels)
- Any Black ink (Yasutomo Liquid Sumi Ink is waterproof when dry)
- Black Tombow marker, china pencil, artgraph (optional, I use to draw with)
- Vine charcoal
- Watercolor brush
- Scissors and glue or glue stick
- Paper towels
- Sketch paper
- Masking or artist tape (no blue, yellow, or green painter's tape)
- Back board such as foam core to attach surfaces while you work
- Glassine or document bags to protect work on the way home
- Lunch and drinks