

2024

Liz Haywood-Sullivan Pastel Painting Workshops

RECOMMENDED MATERIALS LIST

This materials list offers guidelines, but is not required. If you are more experienced then use this materials list as a reference and feel free to work with your favorite materials.

Note: If you are working in another medium, scroll down and start at Sketching Supplies.

PASTELS

Pastels are expensive and I do not expect you to go out and purchase large quantities of pastels for my workshops. The following are my recommendations for the best workshop experience:

- Bring your pastels of choice - a minimum of 150 pastels with good range of colors/values.
- Please clean pastels and remove wrappings so you can see colors, and easily use your pastels.
- If you break them in half you can double the colors you bring. Most pastels will break cleanly.
- If possible bring a range of soft, medium and harder pastels.
- I highly recommend a pastel box to contain your pastels, versus bringing them in several different containers. I recommend the Heilman Box www.heilmandesigns.com. This makes it easier to setup and is essential if you ever travel by air where you are required to put hand carried pastels through a security checkpoint.
- If you do not have a good selection of neutrals then I suggest you purchase one of the following:
Liz Haywood-Sullivan Girault Essential Neutrals 50 piece set, or
Girault 25 piece Grays Set, or Unison Grays 1-18
- Terry Ludwig makes two sets for me, a Sky and Water Set of 60 pastels and a 30 piece Landscape Set. My Landscape Set is made up of pastels that I often find my students don't have: dark colored darks, bright white, sunshine colors, and numerous grays to create distance and atmosphere.

PAPER and BACKING BOARD

Paper should be cut approximately 12 x 16 (or smaller for plein air workshops).

Bring light colored sanded paper (white or beige) so it can be underpainted. I recommend UART, Lux Archival, Art Spectrum, or Canson Touch for their ability to handle an alcohol underpainting.

If your paper is not mounted to a board then be sure to bring a backing board to support your paper..

Sketching Supplies

This is an important component of my workshops. Please bring a good sketchbook and drawing utensils.

Note: Rochester Art Supply has produced a kit for me with all the materials I recommend (and personally use.) It is \$84 (a \$128 value) and you can see it online at:

<https://www.fineartstore.com/p-13769-liz-haywood-sullivan-sketching-kit.aspx>

Additional Supplies

- Portable easel
- isopropyl alcohol *
- Tape - no colored painters tape. Black, beige or white only.
- Glassine - to protect your paintings during transport when finished.

- Towel - to place under your easel, softens the blow of dropped pastels & keeps floors clean.
- Sealed container to hold alcohol (for underpainting)
- Viewfinder
- Baby wipes
- Brushes - for underpainting, synthetic brushes, no natural bristle (flats in 1/2", 3/4", 1" sizes recommended)
- camera, phone or tablet for taking pictures (don't forget changing cords and currency adapters)

**Note:* You cannot carry any solvents, including isopropyl alcohol, on a plane. For my workshops, I recommend using isopropyl alcohol for underpainting in my workshops since it dries fast and is easy to locate domestically and overseas in pharmacies. Sometimes it is behind the counter and can be dyed green or pink, which is ok for underpainting.

For Plein Air Workshops Only

- When painting plein air wear neutral colored clothing and aprons. Reflected light off colored clothing bounces onto your painting and will affect your color choices.
- Practice setting up and taking down your plein air setup. Anything you don't absolutely need leave behind!
- Additional plein air supplies: hat, bug spray, sunscreen, umbrella (optional), water bottle

Flying with Pastels

The single most important suggestion I have is to try to get your pastels all in one box that can easily be opened at security, if necessary. When going through security take your pastels out of your carryon and place in a separate container. Try and catch the eye of a security agent and tell them these are pastels/artists materials. Security will often want to see your pastels and if they are in several containers this can be very inconvenient.

Check with your aircraft carrier about their particular regulations regarding luggage and in particular carry-ons. These regulations and size restrictions do change frequently. Europe tends to be stricter. Be sure your computer, phone, tablets are charged as you might be asked to turn them on. If you wind up on a smaller plane you may be asked to gate check your carry-on.

I am enclosing a label that you can copy and affix to your pastel box.

Final Note

Finding the materials that work best for you is a process of experimentation, is individual to each artist, and takes time. Taking a workshop is the perfect time to try something new.

Use this list as a guide, not exact requirements, for your material selections.

If you have any questions please don't hesitate to contact me: liz@haywood-sullivan.com

FRAGILE

Please handle with care

This box contains

Artists Pastels

Pastels are non-flammable, non oil-based, and are
made of natural pigments.

They clean up easily with soap and water.

Thank you for handling with care!



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