

### **Supplies:**

For surfaces I'll put two options, I prefer ACM panels because they are very thin and easier to carry. It is up to you which one you wanna bring.

Size can be 14x18 or something closer to that. One only

-**option 1:** Canvases (linen or portrait grade cotton canvas. Linen is highly recommended. Oil OR acrylic primed, either one)

-**option 2:** ACM panels (oil ground)

[Trekell Oil Ground Panels](#)

**PLEASE!! tone your canvas or panels for the workshop. If you don't know how to tone a canvas or panel, here is a link. Tone it to a light value**

<https://www.youtube.com/watch?v=Tg907z6ljul&t=143s>

- Small thing of Gamsol (OMS - Odorless mineral spirits)
- Small thing of refined Linseed oil (cold pressed or regular, doesn't matter)
- Palette knife (no tiny tiny palette knives) 1 ½ inch (the metal part) are fine
- Roll of paper towels (not Viva, too linty)
- [Brush Cleaning Tank](#) - It's used to clean out all the pigment from your brush before we use soap and water at the end of each day. Fill it so that the oil just covers the coil. You can also use a jelly jar with a sponge at the bottom. Make sure the jar is half filled with linseed oil or gamsol. We will use this to clean brushes in between uses and also before we wash our brushes at the end of the day.
- Gloves if you want to use them

**Palette:** (preferably wooden or glass. If it's wood, MAKE SURE IT IS SEALED AND NOT RAW WOOD!) How to seal your raw wood palette -

[https://www.youtube.com/watch?v=yu\\_yrWNRycY](https://www.youtube.com/watch?v=yu_yrWNRycY)

### **Brushes:**

Bring any and all brushes you may have. We can assess the first day. I mostly use hog bristles, synthetic and sables in different sizes and shapes.

### **Paint:**

Titanium white or lead white

Yellow ochre or yellow ochre pale

Cadmium red or cadmium red light

Ivory black